



# CHEWS HEALTH

## Patient Information Leaflet

Thank you for booking a physiotherapy appointment with Chews Health - The Physios that Physios Trust. Our aim is to help you to Move Better, Feel Better and Live Better. Here at Chews Health we have a team of therapists who will work with you to help you achieve your goals.

### Accessing the Clinic

When arriving at Timperley Sports Club from Stockport Road, the entrance to the clinic can be found right by the main car park.

If you need assistance to access the clinic, please let us know and we can meet you at the door on arrival.

### Parking

There is free parking onsite.

### Contact

- ☎ 0161 8717391
- ✉ [enquiries@chewshealth.co.uk](mailto:enquiries@chewshealth.co.uk)
- 📍 Chews Health HQ, Timperley Sports Club, Stockport Road, Timperley, WA15 7LU
- 📘 @ChewsHealthClinics
- 📍 @Chews\_Health



### What To Expect

Your therapist will take a detailed history which will include a number of questions about the nature of your injury, your medical history and what you'd like to achieve with your rehabilitation. It will also include a physical examination (you may be required to undress to facilitate this assessment). We have a gym onsite and your therapist may require you to complete some exercises during your assessment, with this in mind please ensure you wear appropriate clothing and footwear to allow for this.

Please be aware informed consent will be required for any assessment or treatment. In paediatric cases, children aged 16-17 unless determined otherwise can consent. Children 16 years or younger may be able to consent for themselves if considered to be 'Gillick' competent. All other minors will require parental consent.

Following your assessment, your clinician will work with you to formulate a rehabilitation plan and discuss any follow up appointments you may require. If at any point during your appointment you do not feel happy with the treatment you are receiving then you are entitled to raise this. Please be aware that your therapist will ensure you are aware of what you are consenting to throughout the appointment and you are able to withdraw your consent at any point. We aim to provide high quality and inclusive care, however, if you are not happy with the standard of care, please raise this during your appointment or see our complaints process on our website.

Chews Health is committed to providing a safe, inclusive and comfortable environment for all patients. All patients are entitled to have a chaperone present during any consultation. If you require a chaperone please let us know ahead of your appointment so we can arrange this. If you require an interpreter, please let us know on booking your appointment. Please note both interpreters and chaperones are recognised positions requiring specific training, these roles therefore cannot be a family member.

We look forward to meeting you soon!

Please note we are a cashless clinic, we accept all major credit cards.

If your appointment is subsidised by health insurance (BUPA or AXA), please bring details to your appointment.